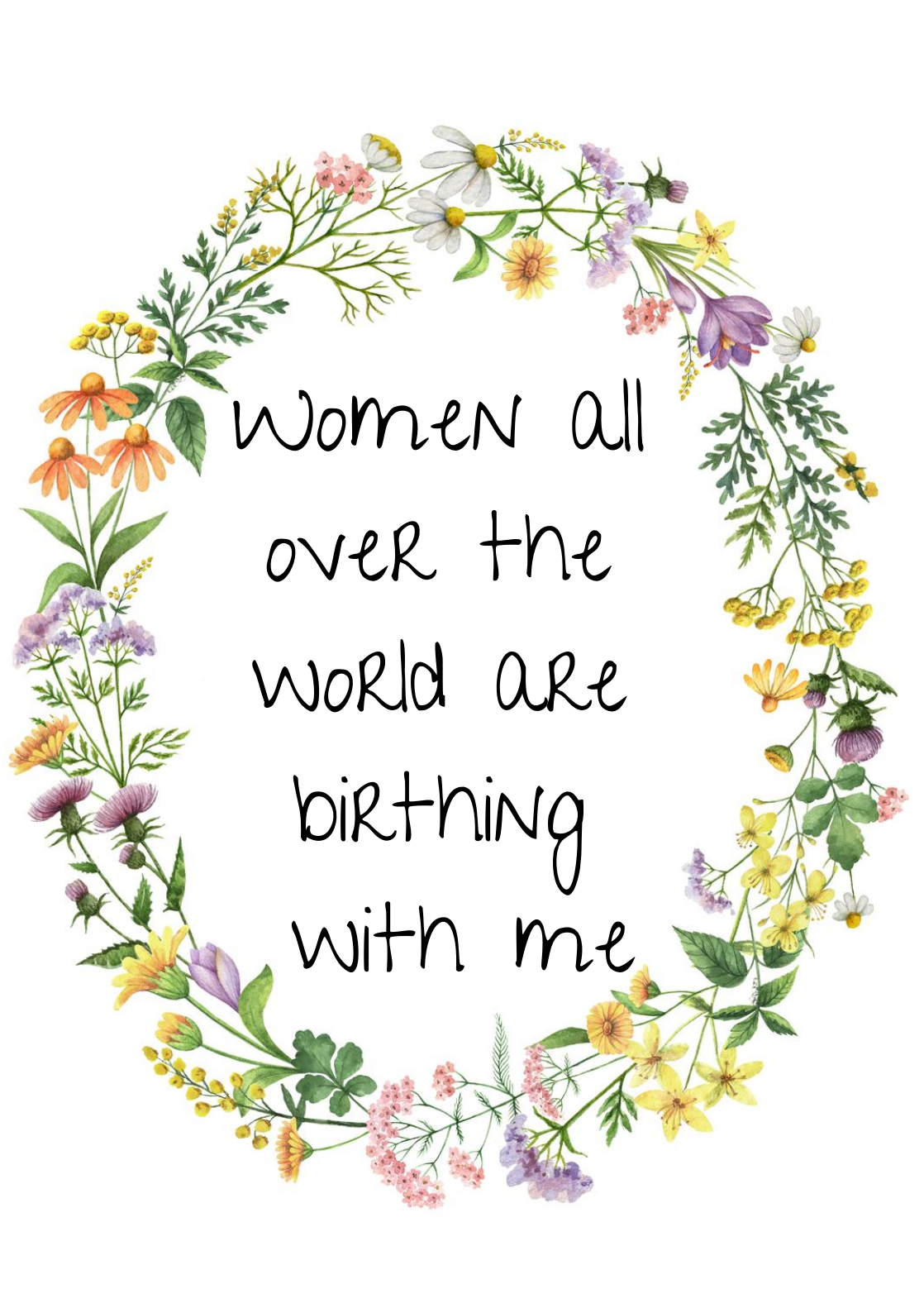



My courage
is STRONGER
than my
fear



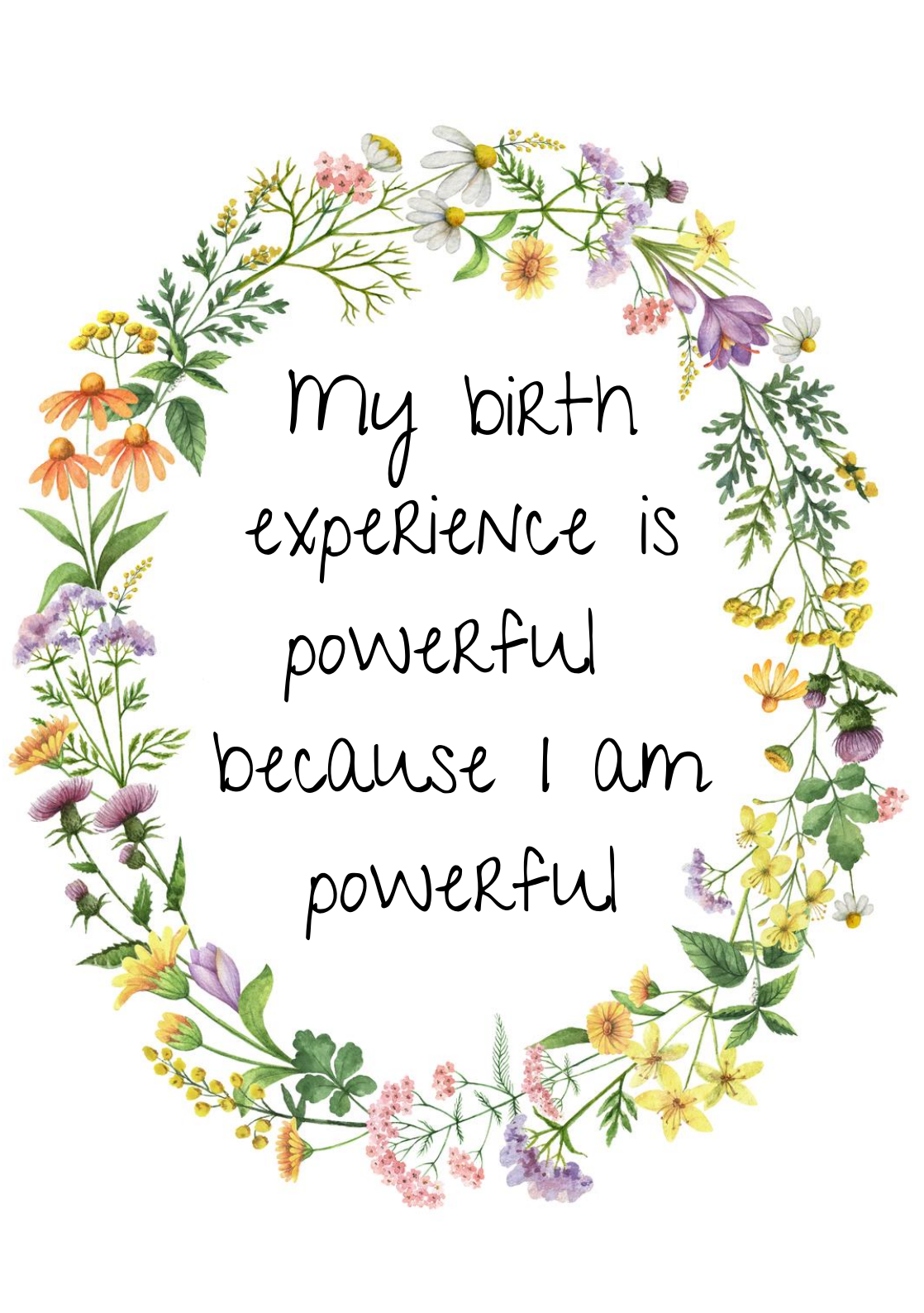
I am
safe.
My baby
is safe.




Women all
over the
world are
birthing
with me




I can
do hard
things



My birth
experience is
powerful
because I am
powerful



I KNOW
what is
best for me
and my
baby




I am strong,
informed and
empowered



I will meet
my baby
SOON




I've got this



I am a
strong and
capable
mother



I CAN do it



I am
doing the
best I can,
with what
I have